

INDIAN MEDICAL ASSOCIATION  
of  
NEW ENGLAND

# 37<sup>th</sup> Annual Meeting

**Saturday, November 21<sup>st</sup>, 2015**

Burlington Marriott

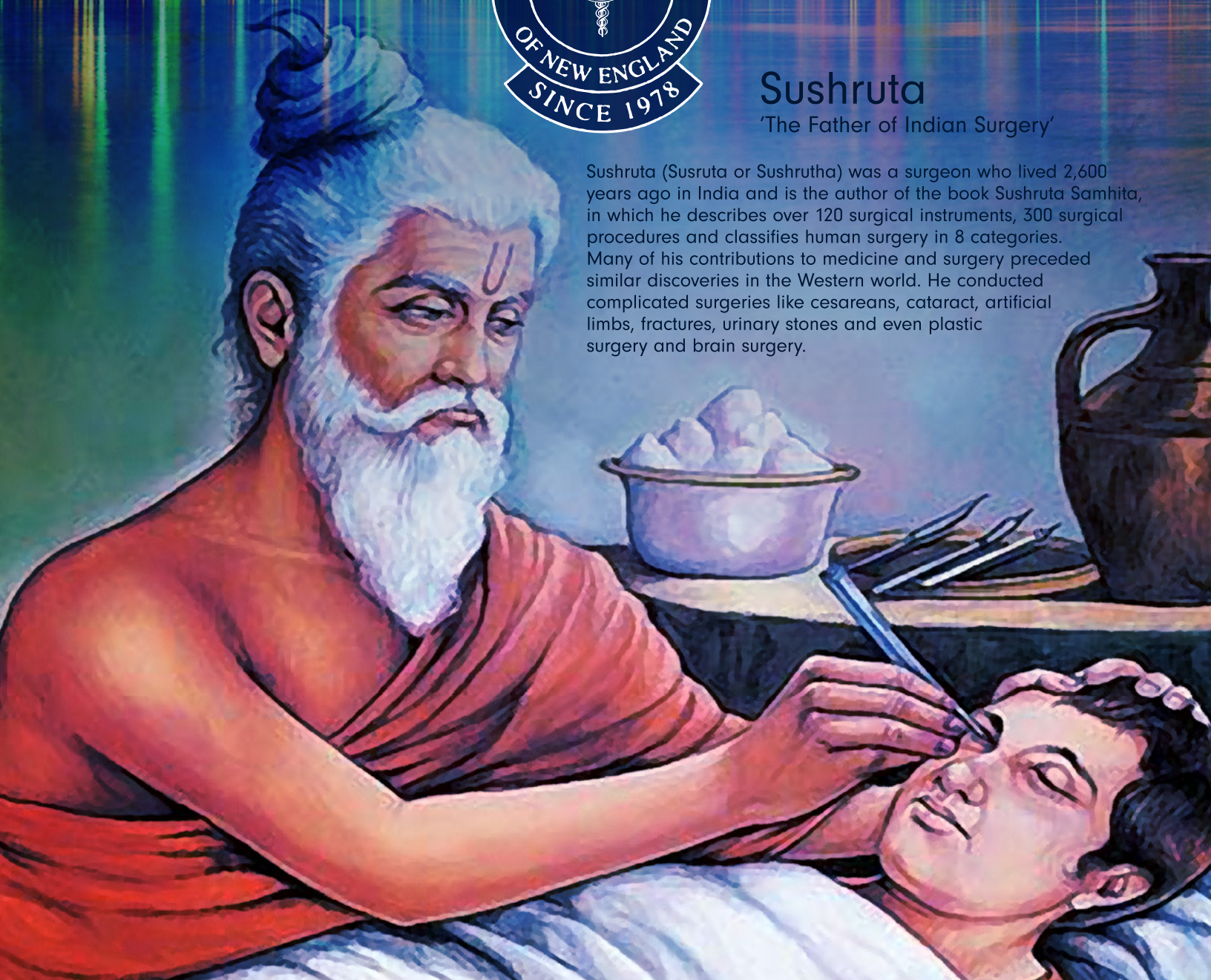
ONE BURLINGTON MALL ROAD, BURLINGTON, MASSACHUSETTS, MA 01803



## Sushruta

'The Father of Indian Surgery'

Sushruta (Susruta or Sushrutha) was a surgeon who lived 2,600 years ago in India and is the author of the book Sushruta Samhita, in which he describes over 120 surgical instruments, 300 surgical procedures and classifies human surgery in 8 categories. Many of his contributions to medicine and surgery preceded similar discoveries in the Western world. He conducted complicated surgeries like cesareans, cataract, artificial limbs, fractures, urinary stones and even plastic surgery and brain surgery.





# MESSAGE FROM THE PRESIDENT

Seema Arora, MD



It is rightly said that the  
*"Journey is Equally as  
Important as the Destination!"*

My journey as the 37<sup>th</sup> President of IMANE started on Jan 1<sup>st</sup> 2015 and will end on Dec 31<sup>st</sup> 2015. For me, it has been a year of enormous learning, tremendous personal growth and great achievements. Like any other journey, it has had its ups and downs but overall it has been a very pleasurable experience for me and a very

productive year for IMANE. Working together with my '**Awesome Team of 2015**', we were able to achieve all the goals that I had set forth in the beginning of the year which makes me leave office with a sense of great accomplishment and fulfillment!

The head start of my journey occurred with a series of '**Childhood Obesity Prevention Campaigns**' that were conducted for the first time by IMANE in the schools of Massachusetts in collaboration with national **AAPI**. In these campaigns we educated school children about childhood obesity, the prevalence of which has reached epidemic proportions in United States, and its prevention by following healthy lifestyle, eating right and exercising. At the end of the event, schools were presented with \$1000 towards gym equipment funded by **AAPI**.

**Medical Education** and **Health Awareness** have been amongst the top agendas of our organization. We extensively supported and enhanced work in this area this year through informative **CME Meetings**, **Health Expos** and **Free Health Screenings**.

Our Spring CME meeting named '**Updates in Risk/Pain Management**' included excellent lectures on mandatory required topics in risk and pain management. Its reviews were great and attendance excellent. It also provided a great opportunity for physicians to mingle and network with their Indian physician colleagues over Indian gourmet lunch. Large funds were raised through sponsorships of this program. This year we also participated in **INE multimedia's 'Mega Health Expo'** where our physicians provided free health screenings to hundreds of people. Many IMANE physicians delivered lectures on a wide array of medical topics, while many others moderated various medical panels.

We also provided free health screenings to a large number of community people at our booth at '**India Independence Day Celebrations**' at the Hatch shell in Boston. We conducted **Bone Marrow Drives** this year in collaboration with **South Asian organization SAMAR**. We also teamed up with **United India Association of New England** to participate in a '**Breast Cancer Awareness Walk**' organized by the **American Cancer Society** and contributed our donations. We have continued our involvement in many IMANE charitable and community service projects including our **Free Health Clinics** in Shrewsbury and Worcester where our physicians have been providing their voluntary services. Besides our own charitable projects, IMANE also contributed through supporting charities and fundraisers of other organizations in the community like **SAHELI**, **Project MANSI**, **Pakistani Association**, **AFMI**, etc.

Every President comes with dreams and aspirations to contribute to the organization through their unique strengths. In the beginning of my year, I had pledged to focus on areas that I thought needed much attention - increasing membership, increasing funds, increasing networking and building alliances. Like many other organizations today we are facing the challenges of diminishing membership and dwindling funds. I fulfilled my commitment utilizing my strengths of community outreach, networking, marketing, sociocultural involvement and creative thinking to launch new projects and bring forth new ideas in order to fight the above challenges. I was able to achieve these goals by conducting several membership drives and fundraising events this year and by increasing membership benefits. I was fortunate to have the **Mahadev Group of Ameriprise** fund and co-organize these events with us. Our first such networking event was a '**Summer Evening Cruise**' where we cruised around Boston Harbor on the luxurious *Odyssey* ship. I was amazed to see the keen interest shown by physicians in this event that was evident as it filled up to its full capacity within three days of announcement. Everyone enjoyed networking with old colleagues and meeting new ones while watching the beautiful Boston view, having delicious Indian cuisine, listening to live music and dancing.

The second networking event, which was also a '**Fundraiser and Membership Drive**' at the luxurious *Taj Boston*, included a delicious Indian dinner followed by a **Comedy/Mentalism Show** by an award winning mentalist of New England that left everyone spellbound. This full house event was attended by many physicians from all over New England and was enjoyed by all.



One of my strong beliefs is that if during our journey, we also create alliances with other organizations & media, we can symbiotically benefit from each other's strengths and outreach. With this in mind, I put in tremendous effort this year in building such alliances with many of our local organizations, local media as well as with national AAPI. I would say that we certainly benefitted from this by spreading the name and awareness of IMANE and the good work that it does.

I would also like to mention that this year we built very strong alliances with National AAPI not only by attending their events but also by participating and helping organize some of them - **Global Health Summit** in India, **Danube River Cruise** in Europe, **Annual Convention** in Florida, **Legislative Day** in Washington, and **Governing Body Meetings** in Pittsburgh & DC. I also feel fortunate that this year an IMANE Executive Committee member and our local AAPI Regional Director, Dr Suresh Reddy, was elected as AAPI Treasurer with a vast majority of votes and was unanimously supported by the IMANE family. I was thrilled to see that the '**Hawaiian Themed Celebration Party**' for him this summer at my house was attended by a large number of our IMANE family and was a total blast! I think having such social gatherings plays a crucial role in bringing us and our families closer and creates a warmer working environment.

So, in conclusion, I take pride in saying that this year membership was on the highest roll ever and there was also a hike in IMANE funds as a result of these fundraisers, sponsorships, educational - community service - networking events as well as outreach and new alliances in the community.

Today, we have gathered together to stall our journey for a little while to look back to see how far we have come, what we have achieved, what we can do further and also to celebrate the success of our organization at this '**IMANE Annual Meeting & Gala**'. Today, we will also continue the tradition to honor the outstanding members of IMANE and the community with presentation of awards. This recognition not only confers deserved accolades but also serves to advance the name of IMANE, enhance its membership, attracts funding and fortifies our society as a whole. This year we have added of a new award to our list of awards which is called '**IMANE Enhancement Award**' which includes a generous presentation of \$5000 from The **Goyal Foundation** to the award recipient. Last but not least, we will end the evening with delicious food and festivities including - this year for the first time - a '**Fashion Show**' that I choreographed with our very own

members and their families and friends as models and a **Group Dance Performance** by the IMANE family followed by **Live Singing** by one of the best Bollywood bands of New England, '**Din Chek**'. I think adding such sociocultural aspects to an official event like this gives it an interesting flavor and color and also brings us, our friends and families together. Also, today for the first time, IMANE is running a **Pledge Drive** and I sincerely hope that many of you will come forward with a pledge to fund and support our organization.

I would like to extend my sincere and heart-felt thanks to the entire **2015 Executive Committee, Board of Trustees** and our **MMS Chapter Administrator** for enabling me to achieve my goals and vision for this year. I was very fortunate to have blessings and guidance from our senior members and enthusiastic support and commitment from younger members this entire year without which my success would not have been possible. I would also like to thank all the sponsors, advertisers and media partners for their continuous support. I would also like to thank all those IMANE members and friends who supported me this year, my own family and especially my children who patiently beared with me while I was so busy working for IMANE. I would like to dedicate this evening to my dear father-in-law, a retired physician from WHO, who having lived with us for 22 years and being like a father to me, passed away in June of this year.

In closing, I would like to say that it's not an easy ride for anyone to be the President of an organization with the responsibilities of a job, family, children and other commitments. But such challenges train you further to multi-task and juggle between your responsibilities. Also, I would like to say that leadership is a difficult task. But I believe that good leaders are made not born and develop through a never ending process of self-study, education, training, and experience. At the end of this year and having served as the President of another community organization, **United India Association** for two years prior to this, I now have a better understanding of the meaning of the statement "*A good leader takes a little more than his share of the blame, a little less than his share of the credit!*"

Drivers and riders may change, but the journey continues...

I wish the entire team of 2016 much success for their journey and to have another wonderful year. I am confident that IMANE will continue to grow by building further on alliances, bridges and relationships generated this year and during the preceding years.



# CHAIR OF BOARD OF TRUSTEES

## Geeta Trivedi, MD

It has been an honor for me to serve IMANE as Chair of the Board of Trustees. It has truly been a wonderful journey as I have helped mentor the younger generation of physicians who have joined IMANE, worked hard and emerged as great leaders.

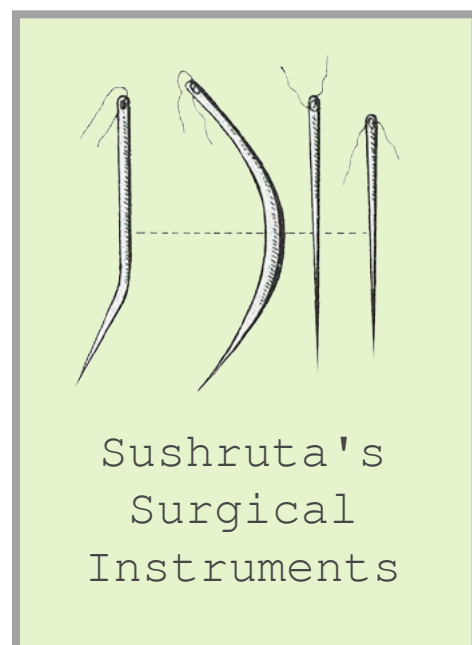
It has also been a privilege for me to learn from those who have preceded me in this role. This was a very productive year under Dr. Seema Arora's leadership.

IMANE has fulfilled its mission of community service by providing Health screenings at the Mega Health expo with INE Multimedia / non-profit company in April followed by screenings at Independence day event hosted by IAGB at the Hatch Shell in August.

IMANE also did obesity education and screenings in collaboration with AAPI, participated in a cancer walk with UIA and also did a great fund raiser and membership event at Taj Boston in collaboration with Amerprise and a networking sunset cruise in Boston.

The CME meeting in May was also very successful, as was the networking cruise. The organization has grown well with many new members this year.

I would like to congratulate Dr. Arora and her executive committee on an excellent job. It is said that the reward for work well done is an opportunity to do more. It is my earnest desire that the new committee led by Dr. Sapna Aggarwal will continue to grow and build upon the work done by previous leaders. I wish the new committee all the best. I also want to thank my family, my friends and all my well wishers for supporting me and I am looking forward to meeting everyone at the Annual Gala in November.





# WELCOME FROM THE PRESIDENT-ELECT

## Sapna Aggarwal, MD

I stand here honored and humbled to have been chosen as IMANE's President. I accept this privilege with utmost respect and commit to executing its responsibilities with utmost passion and sincerity.

IMANE has grown over the years through vision of each president. It is my goal to continue upon their successes with the help of my executive team and all IMANE members.

I am going to condense my thoughts in three broad categories. First, how do we further IMANE's primary function of bringing health awareness and accessibility to our communities? Second, how do we strengthen alliances with other organizations? There is a tremendous amount of work to be done in this respect; I believe leveraging partners helps IMANE build its strength. Finally, as you all know IMANE is financially weak in its core to execute on such missions. How do we work together to build a financial sound organization.

I see IMANE's primary function is to bring health awareness and accessibility to our community.

I wholeheartedly believe in this cause and I plan to further the work done by past presidents with utmost passion. The plan includes building new joint ventures with other organizations, like INE Multimedia, UIA to conduct health expos, medical screenings, health educations etc. I will consider myself successful if I can get my team to focus our energies on this front.

Throughout the last few years at IMANE, I find myself working on many fronts, but I found no higher satisfaction after conducting any of these events. If I was to promise one thing – it will be my focus to help bring health awareness to our communities, whether it be childhood obesity, health screening, elderly health services.

I am particularly proud of IMANE's charitable endeavors e.g. we support regular free clinics in various cities. These events are part of furthering IMANE's primary mission. While conducting these activities I plan to further IMANE's yearly calendar. We will continue with our Women's forum agenda and expand our CME agenda. In addition I am planning new and exciting networking events for IMANE members. This is all in an effort to build the IMANE community.

I am a firm believer in building alliances with other medical organizations to strengthen IMANE. This is no small task. Each alliance brings great exposure to IMANE and its cause.

Finally, ever since I have been an IMANE member, I have found us struggling for funds. As the treasurer I knew the challenges that each president had faced. We have large ambitions but little runways. I find us willing to volunteer time, but we run out of shoe-string budgets. Last year I have made trips to AAPI events in NY and FL, who spend 10 times more \$\$ on one event than our yearly budget. I am not suggesting we spend lavishly, but we need funds to execute our primary function. I plan to work with the executive team and IMANE members to expand membership, donors, sponsors, fund-raising drives and so on – no idea will be overlooked.

In conclusion, we have a wonderful and a diverse executive team this year that comes from all corners of New England. I take this opportunity to thank my family who I have tortured through the years as I steal family hours volunteering. I continue to count on their support.

I thank you all for giving me the opportunity to lead this great organization.





# PROGRAM

**4:00 p.m.**

**Registration**

**4:30 p.m.**

**General Body Meeting and Elections**

**5:30 p.m.**

**Cocktail Reception and Exhibitors**

**6:30 p.m.**

**Awards and Guest Speakers**

**Welcome and Review of the Year**

**Seema Arora, MD**

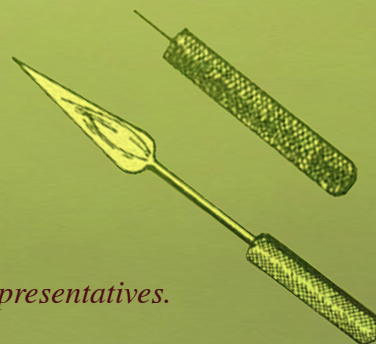
*President, IMANE*

**Honorable Guest**

**Kay Khan**

*State Representative, Massachusetts House of Representatives.*

*Recipient of prestigious 'Abigail Adams Award'*



**Distinguished Guest**

**Nahid Bhadelia, MD**

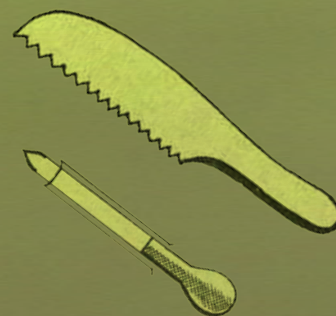
*Director of Infection Control and Medical Response at National Emerging Infectious Diseases Laboratory at Boston University; Frontline physician for providing care to Ebola patients in Sierra Leone with WHO; Winner of India New England "Woman of the Year" award 2015*

**Presentation of Awards**

**Concluding Remarks**

**Sapna Aggarwal, MD**

*President-Elect, IMANE*



**7:30 p.m.**

**Indian Gourmet Dinner**

**8:30 p.m.**

**Fashion Show and Dance**

*Participants: IMANE members, families, and others*

*Choreography: Dr. Seema Arora*

**8:45-11:00 p.m.**

**Entertainment**

*Live Bollywood music and singing by "Din Chek," one of the top Bollywood bands of New England ... and dancing!*



# GUEST OF HONOR

Kay Khan, State Representative



Kay Khan has represented the City of Newton in the Massachusetts House of Representatives since 1995. She currently serves as House Chair of the Joint Committee on Children, Families and Persons with Disabilities, appointed by Speaker Robert A. DeLeo and has served in this role since 2009 which provides oversight

to the Department of Children and Families, The Department of Developmental Disabilities, The Department of Youth Services, The Department of Transitional Assistance, The Commission for the Blind, The Commission for the Deaf and Hard of Hearing, and Mass Rehabilitation Commission.

The Committee also works closely with the Department of Early Education and Care, as well as the Department of Mental Health. Representative Khan is the founder and co-chair of the legislative Mental Health Caucus, the first of its kind in the country, and founder and co-chair of a task force on Women in the Criminal Justice System and their children, under the Caucus of Women Legislators. Representative Khan recently received the very prestigious 'Abigail Adams Award' for her extensive work.

In the past she served as the Co-Chair of the Caucus of Women Legislators, and on the Commission to End Homelessness; she currently serves on the Unaccompanied Homeless Youth Commission, the Special Commission on Early Education and Care, and was recently appointed to serve on The Child Abuse Prevention Task Force. Rep. Khan is one of the legislature's most outspoken advocates for progressive policies for incarcerated individuals, including women. She was appointed by the Speaker to serve on the Criminal Justice Policy Commission, looking at ways to prevent crime by implementing data-driven, evidenced based public safety reforms that protect citizens in our cities and towns, reduce recidivism and save taxpayer dollars.

The Chairwoman earned her bachelor's from Boston University School of Nursing. She went on to earn a master's degree at BU in Psychiatric Mental Health Nursing and worked in a group private practice in Newton for close to 20 years.

Representative Khan has lived in Newton for more than 40 years where she and her late husband raised their three children and now enjoys her seven grandchildren.

# DISTINGUISHED GUEST

Nahid Bhadelia, MD, MA

## Director of Infection Control

National Emerging Infectious Diseases

## Assistant Professor

Section of Infectious Diseases, Boston University School of Medicine, Boston, Massachusetts



Dr. Nahid Bhadelia is an infectious diseases physician and Assistant Professor at the Boston University School of Medicine. Dr. Bhadelia is the Director of Infection Control and Medical Response for Boston University's biosafety level 4 research programs at National Emerging Infectious Diseases Laboratory

(NEIDL), one of 6 such programs in the US. Her specialization is in infection control issues related to emerging pathogens and highly communicable infectious diseases. Dr. Bhadelia received her undergraduate and medical degrees from Tufts University. Aside from her clinical training in infectious diseases, she has a master's degree in international affairs from the Fletcher School of Law and Diplomacy at Tufts and a background in health and human security with a focus on the impact of pandemics on macro level health indicators and community security. She completed her internal medicine residency and chief residency at Mount Sinai Hospital in New York and an infectious diseases fellowship at Columbia Presbyterian Hospital.

She has previously worked on projects with United Nations International Strategy for Disaster Reduction and the Global Fund to Fight AIDS, Tuberculosis and Malaria. She has served as a front line physician providing care to Ebola patients in Sierra Leone with World Health Organization. She is a Senior Policy and Technical Advisor to Partners in Health for their Ebola response program in Sierra Leone. She has also been an instructor for the US CDC/FEMA and Taiwan CDC's healthcare worker preparedness courses for the Ebola Response.

Dr. Bhadelia was the winner of India New England's 'Woman Of the Year 2015' award.



# IMANE EXECUTIVE COMMITTEE AND BOARD OF TRUSTEES 2015



## **President**

Seema Arora, MD

## **Past President**

Sajani Shah, MD

## **President-Elect**

Sapna Aggarwal, MD

## **Secretary**

Sameer Kapasi, MD, MA

## **Treasurer**

Subha Thiagarajan, MD

## **Members at Large**

Smita Patel, MD

Paul Mathew, MD, FAHS

Devila Shah, MD

Tapasya Srivastava, MD

Rajiv Nanda, MD

## **Board of Trustees**

Geeta Trivedi, MD

Salil Midha, MD, FACC

Tejaswini Shah, MD

Suresh Reddy, MD

Pramod C. Shah, MD

## **Nominating Chair**

C. Mohani Malhotra, MD

## **AAPI Representative:**

Sajani Shah Kapasi, MD

## **Sub-Committees:**

Chairs and Co-Chairs

## **Community Service**

Dr. Subha Thiagarajan

Dr. Smita Patel

## **Scientific**

Dr. Sapna Aggarwal

Dr. Paul Mathew

## **Membership**

Dr. Tapasya Srivastava

Dr. Devila Shah

## **Website**

Dr. Sameer Kapasi

Dr. Rajiv Nanda

## **Bylaws:**

Dr. Suresh Reddy

Dr. Sahdev Passey

# IMANE MEMBERS SERVING IN AAPI

## **Suresh Reddy, MD**

AAPI Treasurer, Governing Body member, Member of Membership Committee, President Osmania Medical College Alumni

## **Sajani Shah-Member, MD**

Co-Chair of Academic Committee, Governing Body Member, Patron Trustee of Charitable Foundation

## **Seema Arora, MD**

Co Chair Alumni Committee, Governing Body member, Member of Women's Forum, Membership Committee & AAPI Charitable Foundation, President Lady Hardinge Medical College Alumni

## **Ammani Dasari, MD**

Past Board of trustee

## **Apurv Gupta, MD**

Committee member

## **Onaly Kapasi, MD**

Member, Patron Trustee, AAPI Charitable Foundation

## **Chander Kapasi, MD, M.P.H.**

Member, Integrated Medicine, Charitable Foundation, Past chair, Board of Trustees

## **Ram Upadhyay, MD**

Past Chair BOT

## **Sameer Kapasi, MD**

Patron Trustee, AAPI Charitable Foundation

## **Jayashankar Subramaniam, MD**

Past President, AAPI

## **Sapna Aggarwal, MD**

Member of CME Committee & Women's Forum



# IMANE PAST PRESIDENTS

Madhukar Pathak, MD	1988	Anup K. Singh, MD	2002
C. Mohani Malhotra, MD	1989	Sahdev R. Passey, MD	2003
Chander Kapasi, MD, MPH	1990	Onaly A. Kapasi, MD	2004
Janin R. Saldanha, MD	1991	Lalit Savla, MD	2005
Pankaj Shah, MD	1992	Purnima Sangal, MD	2006
Tejaswini Shah, MD	1993	Apurv Gupta, MD	2007
Mohan Korgaonkar, MD	1994	Manorama Mathur, MD	2008
Ammani Dasari, MD	1995	Nasir A. Khan, MD	2009
Neelam Sihag, MD	1996	Geeta R. Trivedi, MD	2010
Babu Ramdev, MD	1997	Arun Chaudhary, MD	2011
(Late) Santosh Shetty, MD	1998	Sucheta Doshi, MD, MPH	2012
Shreekant Chopra, MD	1999	Manju Sheth, MD	2013
Venkata Ravi, MD	2000	Sajani Shah, MD	2014
Brinda Kamat MD, MPH	2001		

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JOSEPH P. KENNEDY III  
4TH DISTRICT, MASSACHUSETTS

COMMITTEE ON ENERGY AND COMMERCE  
SUBCOMMITTEE ON HEATH  
SUBCOMMITTEE ON COMMERCE, MANUFACTURING,  
AND TRADE  
SUBCOMMITTEE ON OVERSIGHT AND INVESTIGATIONS

**Congress of the United States**  
**House of Representatives**  
Washington, DC 20515-2104

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SUITE 200  
ATLINGTON, MA 02703  
(508) 431-1110

October 14, 2015

Dear Friends,

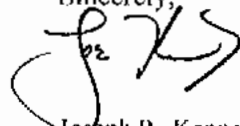
On behalf of the Fourth Congressional District of Massachusetts, I send warm greetings as you gather for the Indian Medical Association of New England's (IMANE) Annual Meeting.

As the nation's oldest organization for medical professionals of Indian descent, IMANE strives to advance the medical community through many worthy initiatives, such as medical educational programming, charitable programs, and community engagement events. In addition, the organization's commitment to offering free health screenings, and clinical training opportunities must be commended.

Please know that your efforts are a source of pride for the medical community, the Commonwealth, and the country. It is my hope that you take this opportunity to reflect on the good work you do and celebrate the positive change you inspire.

I thank you for including me in your Annual Meeting festivities and in your celebration today. Congratulations on a job well done and I wish you continued success in the future.

Sincerely,



Joseph P. Kennedy, III  
Member of Congress



# The Commonwealth of Massachusetts



## *Indian Medical Association of New England*

ON BEHALF OF THE CITIZENS OF THE COMMONWEALTH OF MASSACHUSETTS,  
I AM PLEASED TO CONFER UPON YOU THIS GOVERNOR'S CITATION IN RECOGNITION  
OF BEING THE NATION'S OLDEST ORGANIZATION FOR MEDICAL PROFESSIONALS OF INDIAN DESCENT AND  
YOUR ANNUAL GALA OF THE INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND.

THIS TWENTY-NINTH DAY OF OCTOBER IN THE YEAR 2015

A handwritten signature in blue ink, reading 'Charles D. Baker'.

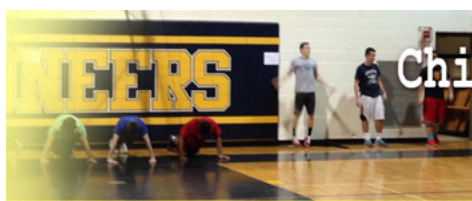
CHARLES D. BAKER  
Governor

A handwritten signature in blue ink, reading 'Karyn E. Polito'.

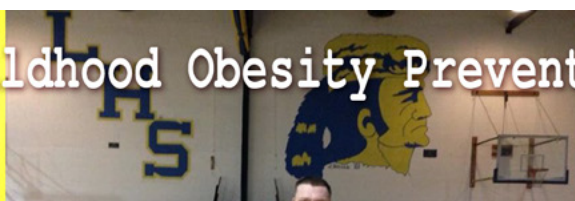
KARYN E. POLITO  
Lieutenant Governor



## Health Screenings & Lectures at INE Multimedia Event



## Childhood Obesity Prevention



## Spring CME Meeting





## Boston Summer Cruise on the Odyssey



## Free Health Screening - Indian Independence Day





## Physician Networking/Fundraiser/Membership Drive at Taj Boston



## Hawaiian Theme 'Congratulations' Party for Dr. Reddy





## American Cancer Society Breast Cancer Awareness Walk



## IMANE Supporting Other Organizations



## IMANE at AAPI Events - GB meeting, Pittsburgh





## IMANE at AAPI events - AAPI Europe Cruise



## AAPI Global Health Summit - Bombay Legislative Day - Washington DC Annual Convention - Orlando





# IMANE AWARDS

## **Community Service Award** for excellence in serving the community **Manju Sheth, MD**



Dr. Sheth is an Internist & works at Lahey Health. She served as president of Indian Medical Association of New England in 2013. She has been a big advocate for empowerment of women. In recent years, Dr. Sheth has led many fund raisers for local charities including Saheli, an organization dedicated to supporting and empowering South Asian women and families in MA. She also serves on the advisory board of Saheli. Previously, she served as a member of the Board of Directors of the Asian Task Force Against Domestic Violence. In addition, Dr. Sheth is a trustee of the Indian American Forum for Political Education, which helps increase political awareness among South Asians.

Dr. Sheth is the president of INE multimedia, a non profit company in collaboration with INE media. She is very dedicated to the education of the community about health related issues, and is also the producer and chair of the annual free mega Health & Wellness Expo. She has also been appointed on the Adult Clinical Advisory committee at Harvard Pilgrim. She counts writing as one of her biggest passions and her popular “Chai with Manju” celebrity series is one of the most read news features.

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## **Distinguished Physician Award** for distinguished service to IMANE and the community **Manorama Mathur, MD**



Dr. Manorama Mathur, 2008 President of IMANE, was chair of BOT in 2014. She graduated from Lucknow University, India with MBBS. She did her post graduate clinical training and research and obtained a postgraduate MD in Pediatrics from Lucknow University. She went to London, England where she worked in several teaching hospitals and obtained a Diploma in child Health from the University of London, England. She completed her Pediatrics Residency in several teaching hospitals throughout Boston including Children’s hospital Medical Center and Boston City Hospital. She is board certified by the American Academy of Pediatrics and is a Fellow of the American Academy of Pediatrics.

Dr. Mathur has been in private practice for almost 30 years and is a part of Pediatrics Physician Organization of Children’s Hospital. During this time, Dr. Mathur has mentored countless young physicians, whether through precepting Boston University medical students in her clinic, or helping foreign medical graduates obtain clerkships through the IMANE

Observership program and the “Americlerkship” program. She has also helped young physicians by advocating through her involvement with Massachusetts Medical Society. She has helped with fundraising through Ekal Vidyalaya to help educate and through Akshay Patra to feed underprivileged children in India; assisted Friends of Shelter Association to improve sanitation in India. Her passion for charity work is exhibited through her longstanding commitment to the annual India Day Health Fair, where she successfully recruited medical students to volunteer. She is actively involved in recent health expos in which IMANE has played an important role for community education and health screenings. Last year, she and her staff were instrumental in providing services at the big community health fair organized by IMANE in the Temple.

Dr. Mathur is a recipient of the President’s Award in 2012 and 2014 for her outstanding dedication to IMANE and for her support of young physicians over the years. She is still dedicated to IMANE and works tirelessly to keep it strong and to reach new heights.



# IMANE AWARDS



## Enhancement Award

for extraordinary accomplishments  
enhancing the name of IMANE in the community

**Suresh Reddy, MD**

including a generous  
gift of \$5000 from



Dr. Reddy is an Endovascular Neurosurgeon and Interventional Neuroradiologist in the department of Neurosurgery at Beth Israel Deaconess Medical Center, Boston, Massachusetts. He earned his medical degree from Kakatiya Medical College, Andhra Pradesh, India in 1988 and underwent residency training in Diagnostic Radiology at Osmania General Hospital, Hyderabad and the State University of New York at Stony Brook. He completed research and clinical fellowships in diagnostic Neuroradiology at the University of Texas Health Science Center in San Antonio, TX and spent a further two years at State University of New York at Stony Brook pursuing a fellowship in Diagnostic Neuroradiology with an emphasis in Neuro-interventional training. Then he went on to pursue a clinical fellowship in Cardiovascular and Interventional Radiology at Beth Israel Deaconess Medical Center. After that, he pursued another clinical fellowship in Interventional Neuroradiology under the mentorship of Dr. Joshua Hirsch, at Beth Israel Deaconess Medical Center. Dr. Reddy is extensively trained in Neuroradiology and Interventional Radiology and Interventional Neuroradiology.

Dr. Reddy, honored with the Resident Research Award at the (RSNA) Radiological Society of North America's 2000, has presented widely at national meetings. He is also honored with several other awards especially for his excellent teaching interests including "Fellow of the Year" award in 2001, "Faculty of the Year" and "Excellence in Teaching the Harvard Medical Students" awards for three years consecutively in 2002, 2003 and 2004. He also mentors several Harvard Medical School Students and Residents. Dr. Reddy was interviewed on local TV and newspapers for his innovative techniques in Minimally Invasive Neurosurgery.

His area of clinical interests includes Endovascular Coiling and Stenting of Intracranial Aneurysms and Endovascular Thrombectomy for Acute Thrombotic Stroke. Research interests include developing new techniques in Minimally Invasive Neurosurgical Interventions for Ruptured Intracranial Aneurysms and Stenting for Broad-Necked Aneurysms. His awards reflect his passion for teaching. Dr. Reddy also has his MS (Master of Science) in Health Care Management and Policy.

Dr. Reddy has been actively involved with national AAPI for many years. After having served as national CME Chair, IT Chair and Regional Director for the New England region, is now serving as elected AAPI Treasurer. His vision is to form a bridge between senior leadership and young physicians of AAPI also form a bridge between physicians of various ethnic groups. He is also the President of his medical school alumni association where, along with his alumni, he helped raise one million dollars for his medical school.





**Ambassador Award** for the physician getting maximum number of new members  
**Tapasya Shrivastava, MD, MPH**

Dr. Shrivastava is an internal medicine physician working with Pentucket Medical Associates affiliated with MGH. Dr. Shrivastava holds position in Executive Committee of IMANE as member at large and has also served as Chair of membership committee. She has been instrumental in getting many physicians to join IMANE and has worked tirelessly at the membership drives, thus helping IMANE family to grow tremendously.

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**President's Award** for extraordinary dedication & contribution to IMANE  
**Sameer O. Kapasi, MA, MD**

Dr. Kapasi is a board certified physician practicing physical medicine and rehabilitation and is actively involved in training residents and fellows. He has served IMANE for past many years in different capacities - leading the Young Physician's Group, Web & IT chair, Member at Large, Treasurer, and is now the Secretary of IMANE. He has excelled in his contributions towards IMANE in these different roles, especially being a key team player this year greatly helping the President and going above and beyond in managing the website.

---



**President's Award** for extraordinary dedication & contribution to IMANE  
**Dr. Paul Mathew, MD FAHS**

Dr. Mathew is a Board Certified Physician in Neurology and Headache Medicine and is the Director of Headache Medicine at the Cambridge Health Alliance. He has served IMANE for past two years as Member at Large. This year, he excelled in his contributions towards IMANE as CME Co-Chair and Speaker. He raised enormous amounts of funds throughout the year and actively helped at many events. Dr. Mathew supported and advised the President through various situations and helped in making key decisions.

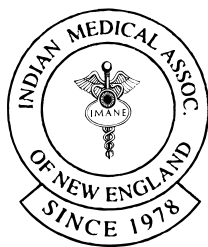
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**President's Award** for extraordinary dedication & contribution to IMANE  
**Geeta Trivedi, MD, BOT Chair, IMANE**

Dr. Geeta Trivedi is an Anesthesiologist practicing at Same Day Medical center in Fall River, MA. She has been with the IMANE family for a long time having served as Member at Large; Treasurer; President, Board of Trustees; and now is the Chair of BOT. This year she has made special contributions towards IMANE wearing different hats, playing different roles and pitching in at the time of need as a great team player. She has been a constant source of advice and support to the President.





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## *Congratulations & Best Compliments*

to

**Seema Arora, MD**  
President, IMANE

**Sapna Aggarwal, MD**  
President-Elect, IMANE

**Sajnai N. Shah, MD**  
Regional Director  
New England Region, AAPI

**Suresh A. Reddy, MD**  
Treasurer, AAPI  
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## *Best Wishes*

from

**Anupama Gotimukula, MD**  
Pediatric Anesthesia Consultants  
of San Antonio, TX

**Regional Director**  
SW Central Region AAPI

**Treasurer**  
AAPI Convention (2014)



# *Congratulations*

to IMANE President, **Dr. Seema Arora** and  
her entire committee for a wonderful year in  
the service of IMANE and the community

## **Best Wishes**

From

### **Manju Sachdev, MD**

Board Certified Pediatrician

Medical Director, Driscoll Children's Clinic, Victoria, MA

Board of Trustee, AAPI

Past Regional Director, SW region, AAP

Past Chairperson, AAPI Women's Forum

Host 'AAPI & Health' TV Asia program





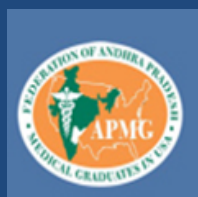
*Congratulations to Dr Seema Arora, for the successful completion of a wonderful year. Best wishes to Dr Sapna Aggarwal for taking over as the next President of IMANE and Dr Sajani Shah as the Regional Director of AAPI for the New England Region.*



*Best wishes from Suresh, Leela and Rohun*

*Suresh Reddy MD  
Interventional Neuroradiologist  
Beth Israel Deaconess Medical Center  
Harvard Medical School  
Boston, MA.*

*Suresh Reddy MD  
Treasurer, AAPI  
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# Congratulations

to

**Dr. Seema Arora**

IMANE President

& her Executive Committee  
/ BOT for a very Successful  
& Productive year and for the  
**Hard Work** and **Dedication**  
put in to serve the community!

## Best Wishes

from

**Gautam Samadder, M.D.**

- Pulmonary/Sleep Specialist,  
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