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Paul G. Mathew, MD, DNBPAS, FAAN, FAHS

Shikha Merchia, MD

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ABOUT IMANE

Founded in 1978, the Indian Medical Association of New England (IMANE) is a dynamic organization for medical professionals of Indian origin in the New England area. IMANE organizes and supports numerous professional and social activities for the benefit of our members and the communities they serve.

IMANE GOALS AND MISSION

1. Protect and provide for the needs of the community and membership.
2. Protect the art of healing.
3. Practice the art of medicine.
4. Work to break barriers in helping women rise to their full potential professionally and otherwise.
5. Motivate young health care professionals, medical students, and residents to create a strong network.
6. Collaborate with other nongovernmental and charitable organizations to serve the community and citizens at large — here and globally.
7. Political advocacy for promoting the goals and missions of IMANE.
8. Ensure all members are treated fairly with local and federal governments and help universities in their quest for research funds, academic promotions, and positions based on merit and performance.
9. Work collaboratively with the AMA, MMS, AAPI and other organizations for fulfilling common objectives.

IMANE

PO BOX 549132

WALTHAM MA 02454-9132

PHONE: (781) 434-7731

EMAIL: IMANE@MMS.ORG | FAX: (781) 464-4896

Indian Medical Association of New England
PO Box 549127
Waltham MA 02454-9132

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Boston, MA
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2019 Spring Meeting – Saturday, May 11
Register Today!

The Indian Medical Association
of New England
in joint providership with
the Massachusetts Medical Society



2019 SPRING MEETING

Nasir Khan Memorial Lecture Series
Updates in Medical/Surgical Specialties

Saturday, May 11, 2019

8:00 a.m.–2:00 p.m.

Massachusetts Medical Society
860 Winter Street, Waltham, Massachusetts

REGISTER TODAY!
www.imanemd.org

SAVE THE DATES

IMANE Summer Cruise
Saturday, August 10, 2019

IMANE Gala and 41st Annual Meeting
Saturday, November 16, 2019

LEARNING OBJECTIVES

At the completion of this conference the participants will be able to:

ENT for the Non-otolaryngologist

- Describe a practical approach to the management of sinusitis
- Explain the causes and evaluation of otitis media
- Describe the common causes of neck masses and when to consider a referral to an otolaryngologist

Fragmented Sleep — Is It All Apneas?

- Identify the causes of sleep apnea and how to diagnose and treat them
- Recognize that sleep fragmentation is also caused by sleep-related leg movements and insomnia

Dentistry for the Non-dentist

- Identify common dental pathology and describe routine dental self-care and the importance of periodic scaling
- Describe the nuances of completing a medical clearance from prior dental procedures

Bringing Intimate Partner Domestic Violence (IPV) into Focus

- Review the high prevalence of IPV and barriers linked to underreporting
- Recognize common injury patterns and utilize imaging in IPV victims

Headache: It's All in Your Head... or Is It?

- Accurately identify headaches based on International Headache Society criteria
- Formulate an effective treatment plan including both pharmacologic and non-pharmacologic interventions
- Choose appropriate studies for further evaluation based on patient history and physical findings

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of the Massachusetts Medical Society and the Indian Medical Association of New England. The Massachusetts Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION

The Massachusetts Medical Society designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Massachusetts Medical Society in joint providership with the Indian Medical Association of New England

2019 SPRING MEETING Nasir Khan Memorial Lecture Series Updates in Medical/Surgical Specialties Saturday, May 11, 2019

AGENDA

- 7:30 a.m. REGISTRATION, CONTINENTAL BREAKFAST, AND EXHIBITS**
- 8:00 a.m. Welcome and Introduction**
Saraswathi Muppana, MD, IMANE president
- 8:20 a.m. ENT for the Non-otolaryngologist**
Harsha Gopal, MD, FACS
- 9:20 a.m. Fragmented Sleep — Is It All Apneas?**
Saraswathi Muppana, MD
- 10:20 a.m. BREAK/EXHIBITORS/NETWORKING**
- 10:40 a.m. Dentistry for the Non-dentist**
Arun Srinivasan, DMD, and Treasa Mathew, DMD
- 11:40 a.m. Bringing Intimate Partner Domestic Violence into Focus**
Bharti Khurana, MD
- 12:40 p.m. BREAK/LUNCH PICKUP**
- 1:00 p.m. Headache: It's All in Your Head... Or Is It?**
Paul G. Mathew, MD, DNBPAS, FAAN, FAHS
- 2:00 p.m. Closing Remarks**
Saraswathi Muppana, MD, IMANE president
- 2:05 p.m. Adjournment**

DIRECTIONS

To the Massachusetts Medical Society Headquarters

From Boston

Take I-90 West (Massachusetts Turnpike) to Exit 15. Keep right beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A-27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

From Points West

Take I-90 East (Massachusetts Turnpike) to Exit 14. Keep left beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A-27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

From Points North

Take Route 128/I-95 South to Exit 27B (Winter Street). Off exit ramp, keep right and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

From Points South

Take Route 128/I-95 North to Exit 27A-27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

At Waltham Woods

Take a left at the Waltham Woods sign on Winter Street, and follow the road up the hill (approximately one-third of a mile). The MMS Headquarters building will be directly in front of you. (Note that parking and the main entrance are at the back of the building.)

REGISTRATION

MMS Headquarters, Waltham, MA
Saturday, May 11, 2019

Name _____

Affiliation _____

Address _____

Phone _____

Email _____

Please choose one for lunch:

Vegetarian meal Non-vegetarian meal

Become a member and save!

Renew your IMANE membership or sign up for a (new) lifetime membership at **reduced rates** through May 11, 2019.

- Annual membership \$50* Allied membership \$25
 Life membership \$100* Residents/Fellows FREE
 Life Couple membership \$200* Medical Students FREE

**Promotional rates in effect through Saturday, May 11, 2019.*

Conference Registration Fee:

- IMANE Members \$100 Allied Members \$40
 MMS Members \$100 Residents/Fellows \$35
 Nonmembers \$125 Medical Students FREE

Registration includes continental breakfast and fine Indian cuisine for lunch.

Online payment is preferred. However, payment by check is also accepted.

Enclosed is my check for \$ _____

- Make checks payable to IMANE (Indian Medical Association of New England)
- Mail your check and registration to:
IMANE, PO Box 549132, Waltham, MA 02454-9132

**Online registration and membership
available at www.imanemd.org.**