

## EXECUTIVE COMMITTEE

### President:

Sameer O. Kapasi, MD

### President-Elect:

Ammani Dasari, MD

### Immediate Past President:

Sapna Aggarwal, MD

### Secretary:

Vikas Merchia, MD

### Treasurer:

Chander Kapasi, MD

### Members-at-Large:

Paul Mathew, MD  
Gleeson Rebello, MD  
Geeta Trivedi, MD  
Sucheta Doshi, MD  
Onaly A. Kapasi, MD

### Board of Trustees:

Pramod C. Shah, MD  
Rajendra Trivedi, MD  
Vikas Desai, MD  
Deepak Takhtani, MD  
Ashok K. Joshi, MD

### Nominating Committee Chair:

Ashok Shah, MD

### AAPI Representative:

Seema Arora, MD

## ABOUT IMANE

Founded in 1978, the **Indian Medical Association of New England (IMANE)** is a dynamic organization for medical professionals of Indian origin in the New England area. IMANE organizes and supports numerous professional and social activities for the benefit of our members and the communities they serve.

## IMANE GOALS AND MISSION

1. Protect and provide the member's needs
2. Protect the art of healing
3. License to practice the art of medicine
4. Opportunity to get to work and serve the hospital
5. Being allowed to be vendors with insurance companies
6. Ability to be treated fairly with local self-government, federal government, and university in their quest for research funds, academic promotions, and empowerments for positions of power based on the passion and performance
7. Work within the profession and otherwise to break the glass ceilings for our bright of the brightest women from all angles
8. The AMA, MMS, AAPI have to demonstrate that they have helped the needs of IMANE members and at the same time work together for common objectives
9. Collaborations with other Indian American and other Nongovernmental Organization charitable organizations for serving the community and citizens at large — here and globally
10. Motivating young health care professionals, med students, and residents to create a strong network
11. Political advocacy for promoting the goals and missions of IMANE

### SAVE-THE-DATE

**39th Annual Meeting  
November 18, 2017**

**Hilton Boston/Woburn, Woburn, MA**

## IMANE

PO Box 549132  
Waltham MA 02454-9132  
Phone: (781) 434-7316  
Email: imane@mms.org  
Fax: (781) 464-4896

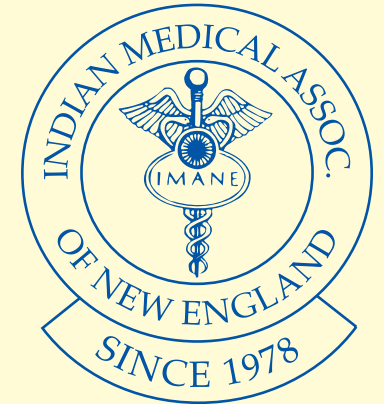
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PO Box 549127  
Waltham MA 02454-9132

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2017 Spring Meeting — Register Today!  
Saturday, May 13, 2017

The Massachusetts Medical Society  
*in joint providership with*

THE INDIAN MEDICAL  
ASSOCIATION OF  
NEW ENGLAND



NASIR KHAN MEMORIAL LECTURE SERIES

## 2017 Spring Meeting

**Saturday, May 13, 2017**

**8:00 a.m.–2:00 p.m.**

Massachusetts Medical Society  
860 Winter Street  
Waltham, Massachusetts

**REGISTER TODAY!**

[www.imanemd.org](http://www.imanemd.org)

## DIRECTIONS TO THE MASSACHUSETTS MEDICAL SOCIETY HEADQUARTERS

### From Boston

Take I-90 West (Massachusetts Turnpike) to Exit 15. Keep right beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A-27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### From Points West

Take I-90 East (Massachusetts Turnpike) to Exit 14. Keep left beyond the tollbooth and follow the signs for I-95/128 North. Follow 95/128 North for approximately two miles to Exit 27A-27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### From Points North

Take Route 128/I-95 South to Exit 27B (Winter Street). Off exit ramp, keep right and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### From Points South

Take Route 128/I-95 North to Exit 27A-27B (Winter Street). Off exit ramp, keep right and go over 128 and follow Winter Street for approximately one mile. You'll pass the reservoir on your right, and the road will curve sharply to the right. After the curve, you'll see the Waltham Woods sign on the left. See below for further directions.

### At Waltham Woods

Take a left at the Waltham Woods sign on Winter Street, and follow the road up the hill (approximately one-third of a mile). The MMS Headquarters building will be directly in front of you. (Note that parking and the main entrance are at the back of the building.)

The Massachusetts Medical Society in joint providership with the Indian Medical Association of New England

## NASIR KHAN MEMORIAL LECTURE SERIES — 2017 SPRING MEETING

MASSACHUSETTS MEDICAL SOCIETY, 860 WINTER STREET, WALTHAM, MA

### AGENDA

SATURDAY, MAY 13, 2017

<b>7:30 a.m.</b>	<b>REGISTRATION, CONTINENTAL BREAKFAST, AND EXHIBITS</b>
<b>8:00 a.m.</b>	<b>Welcome and Introduction</b> Sameer O. Kapasi, MD, IMANE president <b>Course Directors:</b> Paul G. Mathew, MD, FAAN, FAHS, CME chair; Sameer O. Kapasi, MD, co-chair <b>Course Moderators:</b> Paul G. Mathew, MD, FAAN, FAHS, and Arshiya Seth, MD
<b>8:20 a.m.</b>	<b>“Updates in Stroke Management”</b> Shruti Sonni, MD, staff neurologist, Cambridge Health Alliance, co-chairman, Stroke Committee, Cambridge Health Alliance
<b>9:20 a.m.</b>	<b>“Polypharmacy and Yoga”</b> Jay Gupta, RPh, MS, Director of Pharmacy and Integrative Health, Harbor Homes
<b>10:20 a.m.</b>	<b>BREAK/EXHIBITORS</b>
<b>10:40 a.m.</b>	<b>“Progress Across the Cancer Landscape in 2017: Vignettes from Genitourinary Tumors”</b> Paul Mathew, MD, Tufts Medical Center
<b>11:40 a.m.</b>	<b>“Symphony of Patient Experience of Care and Staff Experience of Care”</b> Arshiya Seth, MD, Cambridge Health Alliance, Somerville Hospital Primary Care (SHPC)
<b>12:40 p.m.</b>	<b>BREAK/LUNCH PICK UP</b>
<b>1:00 p.m.</b>	<b>“MOC: Reform or Reboot?”</b> Paul G. Mathew, MD, FAAN, FAHS, Director of Continuing Medical Education, Brigham and Women's Hospital, Department of Neurology, Advanced Neurology Clerkship Director, Harvard Medical School
<b>2:00 p.m.</b>	<b>Closing Remarks</b> Sameer O. Kapasi, MD, IMANE president

### PROGRAM OBJECTIVES

At the completion of this conference the participants will be able to:

- Recognize clinical presentations of acute stroke
- Explain the management of acute stroke
- Outline interventions for secondary prevention of stroke
- Describe the prevalence and risks of polypharmacy
- Discuss the evidence base for yoga, possible mechanisms of action and its range of applications
- Demonstrate a yoga practice “capsule” that could be performed for a few minutes once or twice a day to enhance well-being
- Describe the genomics revolution and personalization of cancer medicine
- Explain immunotherapy and its impact on cancer care
- Describe perspectives in prostate cancer screening
- Describe strategies and tools to create a Presidential Emergency Operations Center (PEOC) and State Emergency Operations Center (SEOC) curriculum; engage providers and staff to develop, implement and sustain the impact of the curriculum
- Identify key lessons learned that can be applied in transforming PEOC and SEOC within their clinic
- Apply fundamentals of patient communication such

as managing up, key words at key times AIDET (acknowledge, introduce, duration, explain, thank you) and service recovery

- Explain Balint group format for engaging frontline staff and providers to improve staff experience of care
- Outline the history and need for initial board certification
- Describe the continuing medical education (CME) credit history and requirements
- Define requirements of the current maintenance of certification programs

### ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of the Massachusetts Medical Society and the Indian Medical Association of New England. The Massachusetts Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

### AMA CREDIT DESIGNATION

The Massachusetts Medical Society designates this live activity for a maximum of 5.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## NASIR KHAN MEMORIAL LECTURE SERIES 2017 Spring Meeting

### REGISTRATION

MMS Headquarters, Waltham, MA  
Saturday, May 13, 2017

Name \_\_\_\_\_

Affiliation \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Registration Fee\*:

- |  |   |
|--|---|
| <input type="checkbox"/> IMANE Members \$75    | <input type="checkbox"/> Residents \$20   |
| <input type="checkbox"/> MMS Members \$75      | <input type="checkbox"/> Nonmembers \$100 |
| <input type="checkbox"/> Medical Students Free |   |

### MEMBERSHIP PROMOTION!!!

- Sign up for membership and the conference for \$100 dollars (Savings of nearly 70 percent in membership dues)

\*Registration includes continental breakfast and fine Indian cuisine for lunch

### Please choose one for lunch:

- Vegetarian meal       Non-vegetarian meal

This program is open to the entire community!

Enclosed is my check, payable to the Indian Medical Association of New England (IMANE) for \$\_\_\_\_\_

Please make checks payable to:

### Indian Medical Association of New England

Please mail the registration to:

IMANE

PO Box 549132

Waltham MA 02454-9132

Phone: (781) 434-7316

Email: imane@mms.org

Fax: (781) 464-4896

**Online registration and membership available at  
www.imanemd.org.**