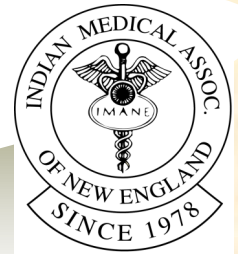


# Indian Medical Association of New England Newsletter



Quarter 1 Newsletter: January-March 2012

## WELCOME FROM THE PRESIDENT

It is my distinct pleasure to write to the IMANE member community as I begin my term as President for 2012. The future of medicine in America is currently at a challenging threshold. With the advent of measures such as ACOs, changes in licensure regulations, and ever increasing quality improvement measures to monitor patient safety, IMANE cannot refrain from participating in these changes. It is my hope to resume IMANE's lead in advocacy on behalf of our members within the medical and dental community. As part of this mission, I aim to continue strengthening alliances with other medical organizations, including MMS and the AMA, and reinforcing IMANE's presence in the arenas that form the future of medicine in the United States.

As the youngest incoming President of IMANE, I owe a great deal to IMANE's senior leaders, many of whom have been my mentors throughout my medical education. This mentoring relationship between senior physicians and young physicians is one of the key attributes of IMANE as it helps foster the journey of a young South Asian medical student from training into the early years of practice and beyond. My next goal for 2012 is to extend this mentoring to a wider circle of young physicians and bring them into the IMANE family so they too may benefit from the knowledge of our senior physicians as I did.

Currently all medical organizations face a challenge with dwindling membership and revenue. If IMANE is to survive into the future, academic and professional accomplishments need to be at the forefront to minimize disenchantment by the younger generation of physicians who are well integrated within the mainstream medical community and have a diverse ethnic viewpoint. For 2012, my vision is to reach out to the academic, research and health care administration physicians in the Indian community and highlight the accomplishments by our members to our members. This issue brings you two major professional accomplishments by esteemed academic members of the IMANE community: Dr. Om Ganda at the Joslin Diabetes Center and Dr. Apurv Gupta, one of our Past Presidents.

IMANE has always embraced community service to the underserved as part of its mission, as exemplified by the ongoing charity clinics in Waltham and Shrewsbury. As we grow our medical alliances this year, I hope to use those alliances to develop ongoing taskforces to address pressing current public health needs in the Indian community. I will rely on the advice of those who came before me while I oversee IMANE's new generation of leadership and I look forward to creating an IMANE for the future with all of you, where we "Strengthen the MEDICAL in IMANE."

Thank you,

Sucheta Doshi, MD MPH



## GOALS for 2012

1. Strengthen and establish alliances with existing medical organizations in Massachusetts
2. Increase YPS membership through mentorship/ leadership programs
3. Develop ongoing IMANE taskforce on key public health outreach projects through our charity clinics, community alliances and medical partnerships.
4. Reinforce IMANE's original mission to advance the profession of medicine and dentistry and contribute to the advancement of education of medical professionals through advocacy, networking, and representation.

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## MASSACHUSETTS BOARD OF REGISTRATION IN MEDICINE LICENSURE CHANGES

The Massachusetts Board of Registration in Medicine recently announced [new licensing requirements](#). Effective Feb. 1, 2012, physicians applying to renew their license or obtain a new license must complete at least three (3) credits of education and training in pain management and opioid education. This requirement applies to all physicians who prescribe controlled substances (Schedules I through VI). Also effective February 1, 2012, physicians must take two (2) CME credits in end of life care. The credits qualify as either category 1 or category 2, and may be counted as risk management credits.

Since ALL of the required 5 credits hours can be completed as PRA Category 2 credit, below is a list of activities eligible for PRA Category 2 credits. In particular, note that credit is self-documented.

Physicians may claim *AMA PRA Category 2 Credit*<sup>™</sup> for such learning activities as:

Teaching residents, medical students or other health professionals

Unstructured online searching and learning (i.e., not Internet PoC)

Reading authoritative medical literature

Consultation with peers and medical experts

Small group discussions

Self assessment activities

Medical writing

Preceptorships

Research

Participating in live activities not designated for *AMA PRA Category 1 Credit*<sup>™</sup>

In each case, the physician determines the number of credits by claiming one (1) *AMA PRA Category 2 Credit*<sup>™</sup> for each 60-minute hour engaged in the learning activity. Physicians may claim credit in 15 minute, or 0.25 credits, increments, and should round to the nearest quarter hour. There is no certificate which will state you have been awarded *AMA PRA Category 2 Credit*<sup>™</sup>. This credit is entirely self-claimed and self-documented by physicians.

The following CME offerings on pain and EOL from MGH and BORIM can help fulfill the above requirements:

The MGH Psychiatry Academy will soon launch, on or about Feb 15, five, one hour, free, CME accredited, online webinars that fulfill the new requirements set forth by the MA BRM for all physicians to have two hours of EOL and three hours of pain-addiction education for license renewal.

1. Addiction for the PCP- Jim Morrill (MGH)
2. Pain- Mihir Kamdar from MGH pain service and Palliative care service
3. Addiction mechanisms- Elizabeth Rickerson from MGH Pain and Palliative care
4. EOL gaps- Vicki Jackson and Janet Abrahm (DFCI)
5. Palliative care domains- Vicki Jackson and Eva Chittenden (MGH)

BORIM Webinar sites: [www.opioidprescribing.com](http://www.opioidprescribing.com) and [www.eolcounseling.com](http://www.eolcounseling.com).

*HEAR MORE ABOUT THE NEW BORIM LICENSING REQUIREMENTS FROM DR. STANCEL RILEY, EXECUTIVE DIRECTOR OF MA BORIM AT THE IMANE SPRING CME ON MAY 5, 2012 at MMS HEADQUARTERS IN WALTHAM*

## **SAVE THE DATE: UPCOMING EVENTS**

### **YOUNG PHYSICIAN EVENTS:**

IMANE YPS and NETSAP BOSTON Joint Networking Event: Friday, February 17, 2012

Location: FELT BOSTON, 533 Washington Street, Boston, MA

Time: 8:30—11 pm

Details: Free for IMANE members, \$10 Non-Members

<https://www.facebook.com/#!/events/380394788642321/>

Contact: Jatin Roper, YPS Representative, [jatinroper@gmail.com](mailto:jatinroper@gmail.com)

### **IMANE SPRING CME SYMPOSIUM: HEALTH CARE QUALITY IMPROVEMENT**

**SATURDAY, MAY 5, 2012 from 8-2:15 pm at MMS Headquarters co-sponsored with Massachusetts Medical Society.**

This year's program on Health Care Quality Improvement promises to bring you cutting edge information on the following important topics: Meaningful Use and EHR, Accountable Care Organizations, Changes in MA Licensure Regulations, and Challenges and Controversies in Quality Improvement. Registration materials will be available soon!

The Massachusetts Medical Society designates this live activity for a maximum of 5.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity meets the criteria of the Massachusetts Board of Registration in Medicine for risk management study.

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the Joint Sponsorship of the Massachusetts Medical Society and the Indian Medical Association of New England.

The Massachusetts Medical Society is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

## **GET INVOLVED WITH IMANE:**

### **Committees**

IMANE has many committees that want YOUR involvement—please contact Cathy Flood at [cflood@mms.org](mailto:cflood@mms.org) if you would like to become more involved with IMANE this year through the following committees:

MEMBERSHIP

COMMUNITY SERVICE

SCIENTIFIC

PUBLICATIONS/WEBSITE

FUNDRAISING/EXHIBITORS

### **Join or Renew your Membership**

IMANE has many exciting activities and benefits planned for this year, many which are members-only. So please join or renew your membership today. Special Lifetime Membership promotion until March 31, 2012: \$400 Lifetime Membership, \$750 Couple Lifetime Membership. Contact Cathy Flood at [cflood@mms.org](mailto:cflood@mms.org) or 781-434-7314 for membership form and details.

### **Feedback**

Your feedback matters. We want to know your thoughts on our plans for the future and what you consider to be the priorities for IMANE. We plan to have a members meeting with our EC and BOT after the May 5 Spring CME meeting to solicit your input. In the meantime, I also encourage you to share comments, questions and pertinent information on an ongoing basis.

You may contact Cathy Flood, Chapter Administrator, based in the Massachusetts Medical Society headquarters in Waltham, MA by phone at 781-434-7314 or email [cflood@mms.org](mailto:cflood@mms.org). You may also contact Dr. Doshi at [suchetadoshi@yahoo.com](mailto:suchetadoshi@yahoo.com).

## **MEMBER ACCOMPLISHMENTS**

### **Dr. Om Ganda appointed to Massachusetts Asian American Commission**

Om P. Ganda, M.D., a physician and researcher at the Joslin Diabetes Center in Boston, has been appointed a Commissioner of the Massachusetts Asian American Commission. Created by state legislation in 2006, the Asian American Commission's goal is to recognize and highlight the vital contributions of Asian Americans to the social, cultural, economic and political life of the Commonwealth; to identify and address the needs and challenges facing residents of Asian ancestry; and to promote the well-being of this dynamic and diverse community and thereby, advance the interests of all persons who call Massachusetts home.

A board-certified specialist in internal medicine, endocrinology and metabolism, and clinical nutrition, Ganda is a senior physician in the section on adult diabetes at Joslin and an associate clinical professor of medicine at Harvard Medical School. He has been engaged in clinical diabetes research for more than three decades. He was a co-investigator in the landmark Diabetes Control and Complications Trial completed in 1993, and is currently co-investigator of Epidemiology of Diabetes Intervention and Complications, an ongoing long-term follow-up study. In addition to his clinical research and teaching, Ganda directs the Lipid Clinic at Joslin, where he treats patients with disorders of cholesterol and triglycerides.

"There has been an alarming increase in diabetes in Asia during the past decade, with more than 160 million people with diabetes currently in China and India combined; more than 50 percent of those with diabetes are still undiagnosed," said Ganda. "At Joslin, as part of our global efforts under the Asian American Diabetes Initiative, we are committed to help empower Asian patients with diabetes to live healthier lives, through early diagnosis, education, and treatment."

"Joslin is pleased to have Dr. Ganda serve on the Massachusetts Asian American Commission," said Joslin Diabetes Center President and CEO John L. Brooks, III. "We look forward to continuing our work with the Commission to reduce the impact of diabetes on the Commonwealth's Asian American community, which is disproportionately affected by this growing health crisis."

"I am honored by the opportunity to work with Dr. Om Ganda," said Jason Chou, executive director of the Asian American Commission. "His expertise and guidance will pave the way for the Commission to address the health disparities within the Asian American community."

Ganda received his medical degree from the S.M.S. Medical College of the University of Rajasthan in Jaipur, India, and completed a rotating internship at the S.M.S. Hospital. He completed a residency in medicine at the All India Institute of Medical Science in New Delhi, and a residency in medicine at Tufts University School of Medicine. Ganda subsequently completed a clinical fellowship in endocrinology and metabolism at Tufts University and a research fellowship in medicine at Joslin and Harvard Medical School.

### **Dr. Apurv Gupta wins 2011 Parvasi Award**

Rhode Island resident, Dr. Apurv Gupta, MD, MPH, Founder and Managing Partner of Physician Performance Improvement Institute(PPII), a provider of innovative solutions to improve healthcare outcomes in the United States, received the NRI Institute's 2011 Parvasi Award, on January 10, 2012 at the Meridian Hotel in New Delhi, India.

The NRI Institute 2011 Parvasi Award is presented to non-resident Indians for their outstanding achievements in their chosen field and their contribution to the socio-economic development of India and the country of their adoption.

"I'm truly honored to be awarded by the NRI Institute," remarked Dr. Gupta. "To be recognized as having made contributions in my field that increase the reputation and glory of the Indian Diaspora is a very meaningful accomplishment for me."

Having received degrees and training from Brown University, Harvard University School of Public Health, Brown University School of Medicine, and Harvard Medical School, Dr. Gupta has forged a path for himself as a healthcare quality improvement and patient safety expert. He has embodied that mission in various leadership, administrative, entrepreneurial, consulting, and clinical capacities. At PPII, he dedicates his work to helping physicians and institutions "fix what's broken in healthcare", particularly in the delivery of safe, reliable, effective, equitable, efficient, and timely care; embodying the definition of quality proposed by the august Institute of Medicine. Additionally, Dr. Gupta is a Principal of Radius Health Services, a company building performance improvement software solutions, as well as developing opportunities for US and Indian experts to collaborate on improving healthcare quality. Previous roles have included Chief Medical Officer for Quincy Medical Center and Medical Director at Norwood Hospital.

Dr. Gupta has also received Outstanding 50 Asian Americans in Business Award in 2009 and the 2009 Leadership Award from the American Medical Association Foundation.

## PROFILES: 2012 IMANE PRESIDENT AND CHAIR OF BOT



### PRESIDENT

#### Dr. Sucheta Doshi

Sucheta Doshi, MD, MPH is currently the Medical Director of Occupational Health and a Women's Health staff physician at the VA Boston Healthcare System. She is double board certified in Family Medicine and General Preventive Medicine/Public Health. Dr. Doshi has an extensive background in international health, vaccination policy, and infectious disease prevention; she has published and lectured on this subject in various arenas. Now at the VA, she is incorporating her passion for public health on many quality improvement arenas. In her first year at the VA, she received a Special Contribution Award for her technical expertise in managing the H1N1 crisis at the VA. She currently serves as faculty for Harvard and Boston University medical students and serves on the VA Boston Infection Control Committee, Women's Health Committee, Vaccination Taskforce and the national VA Occupational Health Advisory Board.

Prior to coming to the VA, she was an Epidemic Intelligence Service medical officer with the Centers for Disease Control and Prevention where she provided technical assistance to the World Health Organization on several measles and polio outbreak investigations, immunization campaigns, and surveillance evaluations for vaccine preventable diseases in multiple countries. Her work on measles elimination and polio eradication has been published in the International Journal of Epidemiology, Clinical Infectious Diseases, and CDC's MMWR. She received a Health and Human Services Distinguished Service Award in 2006 for her work in measles elimination. She also provided technical assistance to the Massachusetts Department of Public Health in the arena of maternal child health and injury prevention as a CDC Preventive Medicine Resident from 2007-2008.

Dr. Doshi received her family medicine training at Concord Hospital/Dartmouth-Hitchcock Medical Center in NH and her MPH in Health Policy and Global Health from Boston University. Dr. Doshi is a longstanding member of AAPI where she was on the Young Physician Board from 2006-2007 and has been a member of IMANE since 2004, serving as the YPS representative for many years before becoming Secretary of the organization in 2009 and 2010 prior to her election as the youngest President-Elect of IMANE in 2011. Dr. Doshi is also a member of the American Academy of Family Practice, the American College of Preventive Medicine and the Massachusetts Medical Society.



### CHAIR OF BOARD OF TRUSTEES

#### Dr. Pankaj Shah

Pankaj Shah, MD, is a graduate of University of Bombay, Bombay, India. He is board certified in Obstetrics and Gynecology and currently Clinical Instructor in OB/GYN at Harvard Medical School as a staff physician with Brigham and Women's Hospital and Harvard Vanguard Medical Associates since 1979. Dr. Shah exemplifies leadership in medicine through his involvement in many medical organizations and his phenomenal contributions to IMANE over the years. As President of IMANE in 1992, he published a Directory of IMANE members for the first time and arranged a Symposium for the Indian community on "Coronary Artery Disease in Indians Living in the USA." He also helped build IMANE's reputation nationally as the New England Regional Director for the American Association of Physicians from India from 1993-1995 and as the Chair of the 1996 AAPI Convention held in Boston. He has displayed advocacy on behalf of Indian physicians through his extensive involvement with Massachusetts Medical Society over the years, serving as a Delegate from Norfolk District to the MMS House of Delegates, Chair of the Special Committee for International Medical Graduates from 1993-1996 and is a past member and Vice-Chair of the MMS Committee on Maternal and Perinatal Welfare. He is a past member of Brigham and Women's OB/GYN Executive Committee and currently serves on the Brigham and Women's GYN Tissue and Medical Practice Committee.

## **2012 EXECUTIVE COMMITTEE**

### **President**

Sucheta Doshi, M.D., M.P.H.

### **President –Elect**

Manju Sheth, M.D.

### **Past President**

Arun Chaudhary, M.D.

### **Secretary**

Sajani Shah, M.D.

### **Treasurer**

Seema Arora, M.D.

### **Members at Large**

Sapna Aggarwal M.D.

Sameer Kapasi, M.D.

Anil Kumar, M.D.

Maria Menezes, M.D.

Subha Thiagarajan, M.D.

### **YPS Representative**

Jatin Roper, M.D.

### **BOARD OF TRUSTEES**

Pankaj Shah, M.D. (Chair)

Apurv Gupta, M.D., M.P.H.

Purnima Sangal, M.D.

Manorama Mathur, M.D.

Geeta Trivedi, M.D.

### **NOMINATING COMMITTEE CHAIR**

Payal P. Gupta, M.D.

### **AAPI REPRESENTATIVE**

Ammani Dasari, M.D.