

# INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND

Issue 1

January 25, 2014

## NEWSLETTER

### *From the President's Desk*

Dear IMANE family,

It is with great pleasure that I greet you as the president of the Indian Medical Association of New England. I have had the pleasure of meeting many of you. For those whom I haven't met, please allow me to introduce myself. I am a General Surgeon at the Tufts Medical Center in Boston with a specialty in minimally invasive surgery. Aside from my clinical duties, I also serve as the Assistant Program director for the surgical residency and co-director of the laparoscopic fellowship as an Assistant Professor at Tufts Medical Center. I was born and raised in New York City and moved to Boston in 2007. I am married to a wonderful man and have two fantastic children who constantly keep me entertained.

I was drawn to IMANE because of shared core values: 1) service to our community – local, national and international; 2) importance of relationship-building with one another and our fellow Americans and New Englanders; 3) education of our members and of the community at large.

It is with these core values in mind that I ask your help in furthering our vision. Despite being older than most ethnic medical organizations, our membership has dwindled to a trickle in the past years. I hope to approach young physicians group individually and through the various media tools to connect with the large group of physicians that are not IMANE members. I want to see IMANE's membership grow and for us to become an even stronger, more cohesive organization.

As we start the year in 2014, we are facing the reality of a negative operational balance of \$4000. I will be working very hard with the team to generate ideas that I believe will help IMANE maintain an even keel, but ideas can only be implemented with support of the general membership and the executive committee. I am optimistic and look forward to the support of the general body.

As we contend with the deficit, MMS has presented an amended contract of \$28,885.00 per annum. Some select members with negotiating skills accompanied me to a meeting with the MMS to renegotiate the contract, as IMANE cannot afford to pay the annual fee with an incremental increase of 5% each year, especially with a dwindling membership. We are still waiting for the amended contract. I will keep you posted.

With that said, I look forward to working with each and every one of you. I encourage you to call me with any questions or concerns, and I look forward to hearing your ideas!

Sajani Shah MD



#### *Special points of interest:*

- **MMS Negotiations**
- **Membership drive**
- **Financial summary**
- **Communication**

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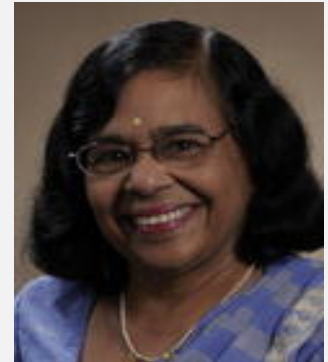
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## ***From the desk of the Chair of Board of Trustees***

My goals and vision for IMANE

I wish to make IMANE one of the best and strongest national organization of Indian origin. I would like to continue the goals of the founding fathers and past presidents:

1. Community service to help change their life styles towards happy healthy lives through community education and health screening.
2. Support young physicians from India to fulfill their dreams for residency program, and successful practices through mentoring, observerships, journal clubs and practice management seminars.
3. Keep up networking among Indian physicians through attractive social events.
4. Last but not least, make IMANE financially stable. Bring harmony, peace and unity within IMANE community to fulfill this dream.
5. I will reach out to past presidents life members and general members to support this wonderful organization to bring it to new heights.



With best wishes,

Manorama Mathur

## **Calling all Sponsors- Grant Proposal for Medical Excellence Award**

***"The best way to find yourself is to lose yourself in the service of others."***

***Mahatma Gandhi***

***IMANE's mission is to recognize and celebrate physicians who have made a remarkable demonstration of compassion and dedication to the medical needs of patients and/or community or have demonstrated a significant act of heroism. We are looking for sponsors to support a grant of at least \$5000/annually. For more information, please contact Dr. Sajani Shah at [president.imane@live.com](mailto:president.imane@live.com)***

## Childhood Obesity Awareness Campaign



IMANE and AAPI have embarked on contributing to the healthcare challenges of USA and as a part of community outreach, have focused on “Wellness & Prevention – Healthy Nutrition Exercise/Childhood Obesity Awareness Campaign” in the New England area. The initiative is named AAPI-COAC (Childhood Obesity Awareness Campaign) with a tag line of “BE FIT – BE COOL”.

IMANE plans to achieve this initiative with Adopt-a-School program in the New England area, where IMANE member physicians will organize an event with a one-

mile walkathon to educate and motivate students, parents, teachers and school staff in contributing to prevent childhood obesity with distribution of free t-Shirts, pedometers and educational materials. If you have a school in mind please do not hesitate to contact us

For more information please contact:  
Sajani Shah, IMANE President  
Suresh Reddy, AAPI Representative

## Doctors for America: Concert for Coverage

Doctors for America is a national movement of more than 16,000 physicians and medical students in all 50 states working together to improve the health of the nation and to ensure that everyone has access to affordable, high quality health care. The organization was started by Boston physicians 5 years ago and has always had strong leadership from Massachusetts. The organization is led by Co-founder Vivek Murthy who was recently nominated by President Obama for Surgeon General. The success of the organization has allowed the state of Massachusetts to have near universal health coverage.



A special evening was hosted by Doctors for America and Drs. Sean and Judy Palfrey, House Masters of Adams House at Harvard University. The evening included chamber music by members of the Longwood Symphony Orchestra and an opportunity to hear from Dr. Vivek Murthy. The fundraiser helped to raise over 10,000 dollars to help connect 5000 people around the country with health insurance. Many members of IMANE attended including medical students, residents and fellows.



# INDIAN MEDICAL ASSOCIATION OF NEW ENGLAND

## Executive Committee 2014

Sajani Shah MD, President

Seema Arora MD, President-Elect

Manju Sheth MD, Past President

Sapna Aggarwal MD, Secretary

Sameer O. Kapasi MD, Treasurer

## Members at Large

Paul Matthew MD

Devila Shah MD

Anita Vanka MD

Deepak Tahktani MD

Suresh Reddy MD

## YPS Representative

Neil Shah MD

## Board of Trustees

Manorama Mathur MD, Chair

Nasir Khan MD

Salil Midha MD

Geeta Trivedi MD

Teju Shah MD

## Nominating Committee Chair

Kanu Patel MD

## AAPI Regional Director

Suresh Reddy MD

## Chapter Administrator

Shawna Melvin

## Calendar Of Events

May 3 2014

IMANE Spring CME

Mass Medical Society

April 19 2014

AAPI Governing Meeting

Atlanta, Georgia

June 25-29

AAPI Annual Convention

August 2-9

AAPI Cruise to Hawaii

Late August

IMANE Summer Event

November

IMANE Annual Meeting



## AAPI CME FAMILY CRUISE

\*8 Hours of State of the Art CME

August 2-9, 2014

7 Day Hawaii Trip from Honolulu

Day	Port	Arrive	Depart
Sat	Honolulu	...	7:00pm
Sun	Maui (Kahului)	8:00am	Overnight
Mon	Maui (Kahului)	...	6:00pm
Tue	Hilo	8:00am	6:00pm
Wed	Kona	7:00am	5:30pm
Thu	Kauai	8:00am	Overnight
Fri	Kauai	...	2:00pm
Sat	Honolulu	7:00am	...



Ravi Jahagirdar, MD: AAPI President-Elect  
Jayesh B. Shah, MD: AAPI President  
Suresh Reddy, MD: AAPI CME Cruise Director

Price as low as \$1419 / pp. (inside cabin)  
Ocean views & Balcony \$2139 up to \$2199,  
Family suites \$2079.  
3rd & 4th passenger is the same cabin \$749



Official Travel Agent: Mohan Durve, MD  
440-845-7272 or 888-794-1995  
www.cmetravels.com

www.aapicmecruise.com

## REMINDER TO EXECUTIVE COMMITTEE AND BOARD OF TRUSTEES

The next Executive Committee Meeting will be held on Tuesday February 11, 2014 at the Massachusetts Medical Society.